

**QCJYC Boating Camp-102
Summer 2008
Typical Weekly Plan**

MONDAY

Meet 'n' greet-Introductions
Group introductions
Rules
Club Tour
Issue Life Jackets (PFD's)
Issue T-shirts
Boating Safety Equipment
Boat Assignments
Review Sailing Skills
Lunch
Sail Trim
Sailing-Tack & Jibe drills/practice

TUESDAY

Morning Meeting
 Weather
 Lost 'n' found
 What we are doing today
Introduction to Racing
Sailing Practice –Upwind
Lunch
Sailing Practice-Downwind

WEDNESDAY

Morning meeting
 Weather
 Lost 'n' found
 What we are doing today
Racing Rules of the Road
Rounding the Mark
Practice Race
Lunch
Starts & Finishes
Practice Race

THURSDAY

Morning meeting
 Weather
 Lost 'n' found
 What we are doing today
Weather, Wind, Currents
Cruise Planning
Charting Basics
Cruise to ??? & Compare to Charts
Lunch
Cruise back
Sailing Game

FRIDAY

Morning meeting
 Weather
 Lost 'n' found
 What we are doing today
Rules Review
Practice Race
Lunch
QCJYC Cup Race
Awards!